

## 2017 Youth Flag Football – Regular Season Schedule

## Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

\*Mecklenburg County has a Zero Tolerance Policy for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The <u>Youth Sports Information and Inclement Weather Hotline (704) 432-3834</u> will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

Ages 7-8 @ Veterans Park 2136 Central Avenue Charlotte, NC 28205							
TS WOLVERINES	AR PANTHERS	AG COWBOYS					
MC STEELERS	SC PANTHERS	BW 49ERS					
BW PATRIOTS	ND TROJANS	TC TITANS					

#### **Denotes double-header**

Day	Date	Time	Field	Home	vs.	Visitor
Sat	9/09/2017	9:00 AM	2	AR PANTHERS		SC PANTHERS
Sat	9/09/2017	10:00 AM	2	SC PANTHERS		TS WOLVERINES
Sat	9/09/2017	11:00 AM	2	ND TROJANS		BW 49ERS
Sat	9/09/2017	12:00 PM	2	TC TITANS		AG COWBOYS
Sat	9/09/2017	1:00 PM	2	BW PATRIOTS		MC STEELERS
Sat	9/16/2017	9:00 AM	2	TS WOLVERINES		MC STEELERS
Sat	9/16/2017	10:00 AM	2	AR PANTHERS		MC STEELERS
Sat	9/16/2017	11:00 AM	2	BW 49ERS		BW PATRIOTS
Sat	9/16/2017	12:00 PM	2	AG COWBOYS		ND TROJANS
Sat	9/16/2017	1:00 PM	2	ND TROJANS		TC TITANS
Sat	9/23/2017	9:00 AM	2	TC TITANS		BW PATRIOTS
Sat	9/23/2017	10:00 AM	2	BW PATRIOTS		AG COWBOYS
Sat	9/23/2017	11:00 AM	2	ND TROJANS		TS WOLVERINES
Sat	9/23/2017	12:00 PM	2	AR PANTHERS		BW 49ERS
Sat	9/23/2017	1:00 PM	2	MC STEELERS		SC PANTHERS
Sat	9/30/2017	9:00 AM	2	<mark>AG COWBOYS</mark>		AR PANTHERS
Sat	9/30/2017	10:00 AM	2	TS WOLVERINES		AG COWBOYS
Sat	9/30/2017	11:00 AM	2	MC STEELERS		TC TITANS
Sat	9/30/2017	12:00 PM	2	<b>BW PATRIOTS</b>		ND TROJANS
Sat	9/30/2017	1:00 PM	2	BW 49ERS		SC PANTHERS

# Schedule Continues on Page 2

## RAY's Sports & Fitness Focus:

#### Chicken Sandwich

2 oz chicken breast on whole-grain bread
1 tbsp low-fat mayonnaise
1 cup of salad on sandwich or as a side
1 piece of fruit as a side

#### **Upcoming Autumn Youth Sports:**

Basketball registration begins October 1. For more information please contact your nearest Recreation Center or contact the Sports & Fitness – Youth Section staff at 980-314-1116 or email

 $\underline{Youth Sports@Mecklenburg County NC.gov}$ 

#### Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. Register today for autumn volleyball and basketball. For more information please contact us at AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com



Day	Date	Time	Field	Home	vs.	Visitor
Sat	10/07/2017	9:00 AM	2	<mark>AR PANTHERS</mark>		ND TROJANS
Sat	10/07/2017	10:00 AM	2	BW PATRIOTS		AR PANTHERS
Sat	10/07/2017	11:00 AM	2	AG COWBOYS		SC PANTHERS
Sat	10/07/2017	12:00 PM	2	BW 49ERS		MC STEELERS
Sat	10/07/2017	1:00 PM	2	TC TITANS		TS WOLVERINES
Sat	10/14/2017	9:00 AM	2	<b>BW PATRIOTS</b>		TS WOLVERINES
Sat	10/14/2017	10:00 AM	2	TS WOLVERINES		AR PANTHERS
Sat	10/14/2017	11:00 AM	2	MC STEELERS		ND TROJANS
Sat	10/14/2017	12:00 PM	2	SC PANTHERS		TC TITANS
Sat	10/14/2017	1:00 PM	2	AG COWBOYS		BW 49ERS
Sat	10/21/2017	9:00 AM	2	BW 49ERS		TC TITANS
Sat	10/21/2017	10:00 AM	2	TC TITANS		AR PANTHERS
Sat	10/21/2017	11:00 AM	2	SC PANTHERS		BW PATRIOTS
Sat	10/21/2017	12:00 PM	2	MC STEELERS		AG COWBOYS
Sat	10/28/2017	9:00 AM	2	SC PANTHERS		ND TROJANS
Sat	10/28/2017	10:00 AM	2	TS WOLVERINES		BW 49ERS

### RAY's Sports & Fitness Focus:

# Peanut Butter and Banana on Graham Crackers

2 tsp of peanut butter 1 banana 6 graham crackers

\*Make this snack for during the game\*

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